

*Best Practices in Infection
Control – What should we be
striving for ?*

Dr Sanjeev Singh
Medical Supdt, AIMS
Kerala, India

Overview

- Hand Hygiene
- Planning & Designing
- Surveillance
- Interventions
- Bundles
- Training & Development
- Quality Indicators
- HCW Safety
- Lab

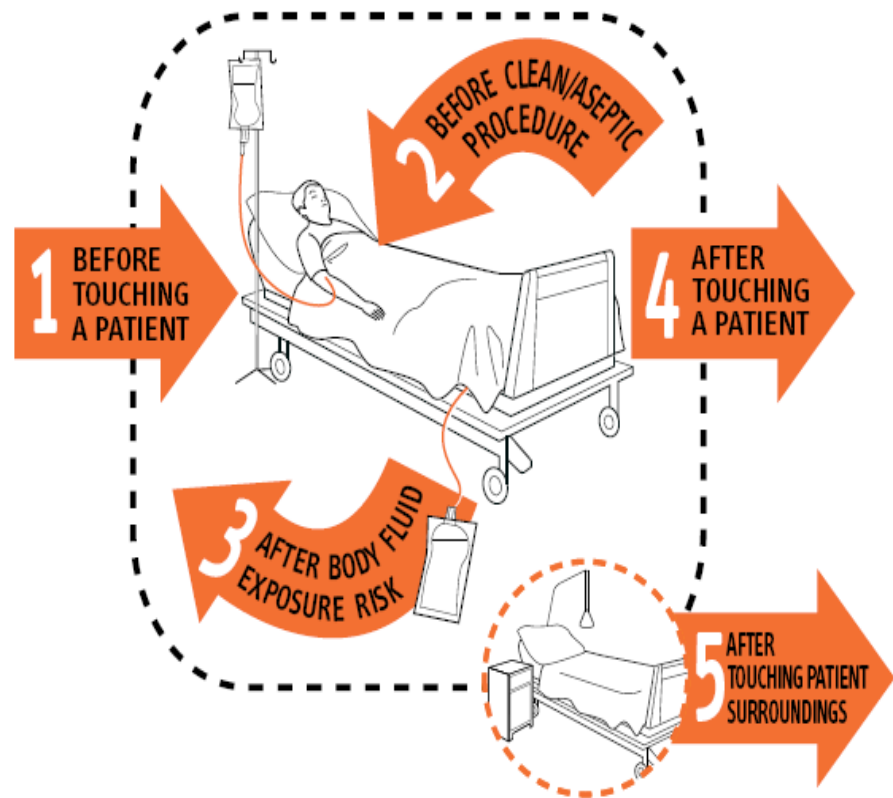
Amygdala Complex !!



Solving the puzzle..... When

- The Five Moments is one puzzle solving approach to emerge internationally and be innovative in changing the 'culture'
- It supports all aspects of the multi-modal implementation strategy

My 5 moments for HAND HYGIENE



**Something we have not been able
to SOLVE...**



**If health care associated bugs looked like this – compliance with
hand hygiene would be 100%!!!**

Use of IC Assessment Tool

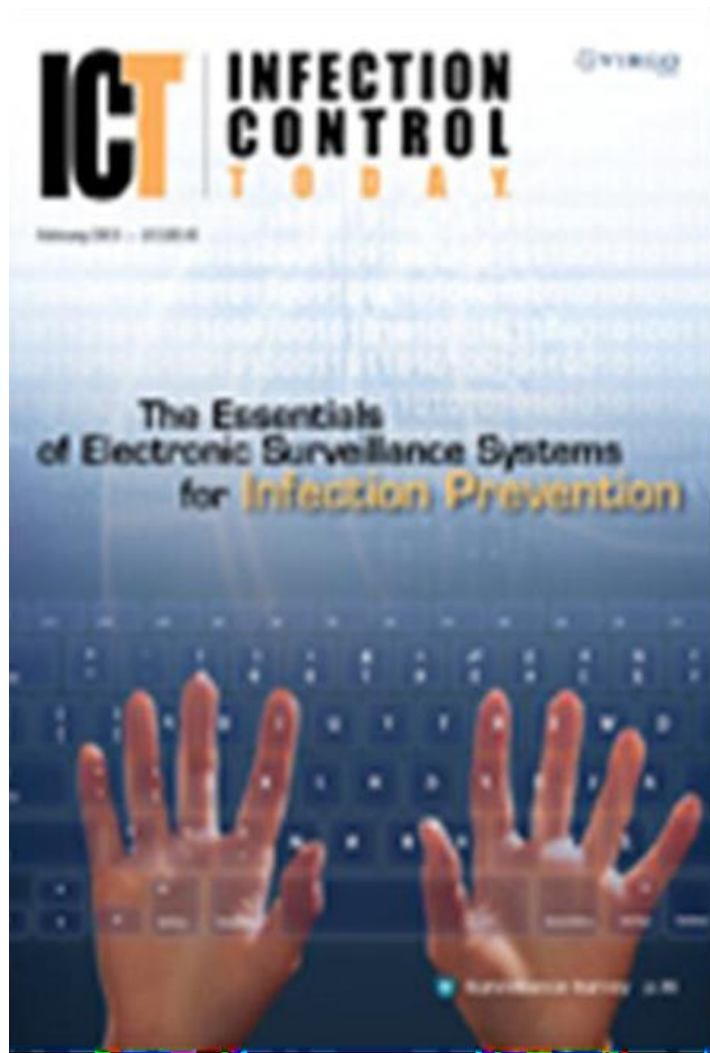
- Used in Swaziland, South Africa, & Guatemala
- Interventions to improve hand hygiene & waste management
 - Staff education
 - New procedures
 - Improve availability of supplies
- Increase in compliance
 - hand hygiene from 57% to 86%
 - contaminated waste policies from 38% to 73%



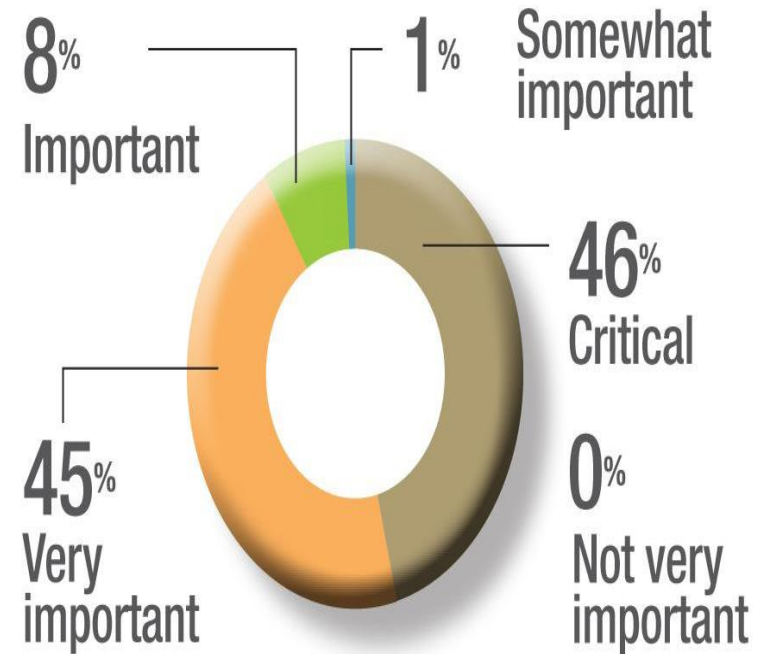
Hand hygiene campaign at Rustenburg Provincial Hospital in South Africa.

Goredema W, et al. Improving Hospital Infection Control: South Africa and Swaziland. Workshop on Local and Regional Actions to Address Antimicrobial Resistance Moshi, Tanzania, November 10-14, 2008

E Surveillance



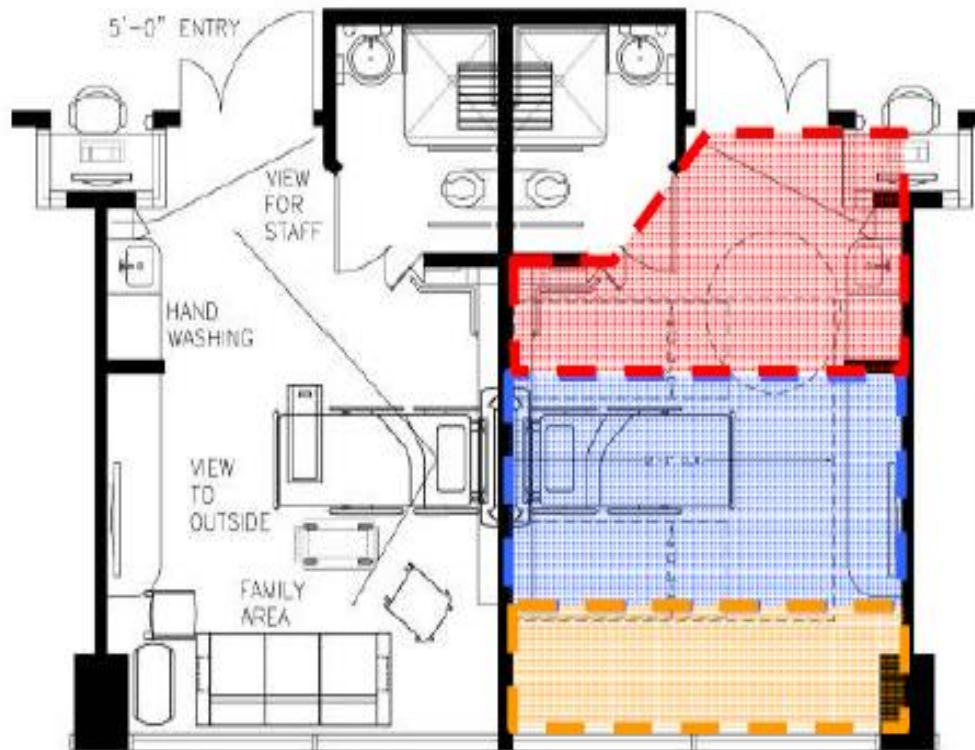
How important to you is real-time data?



What's wrong with this picture?



Private Medical / Surgical Patient Room



STAFF ZONE



PATIENT ZONE

Lab & Blood Bank



- Storage Safety
- Autoclave
- Bio-Safety Cabinets
- Clean – Soiled
- PPE
- Drains
- Disposals

Models which have delivered

World HAI Forum



World HAI Forum: Priorities

Position paper, 4th World Healthcare-associated Infections Forum
AH, v8 31.10.13

Table 2. The ten most urgent priorities for action against the spread of antimicrobial resistance cited by attendees of the 4th WHAI Forum.

Urgent priorities for action against the global spread of antimicrobial resistance
<i>For policy-makers and health authorities:</i>
Limit the use of antimicrobials in food-producing animals by banning non-therapeutic applications, including growth promotion and metaphylaxis
Establish and enforce regulations on sales of antimicrobials for use in human medicine, including prohibition of over-the-counter sales worldwide
Develop a detailed charter on antimicrobial conservation to be ratified and upheld by ministries of health worldwide
Develop coordinated and culturally sensitive awareness campaigns targeting the general public and imparting the importance of protecting antimicrobials as a limited and non-renewable resource
Rigorously support the improvement of sanitation systems to eliminate resistant microbes in wastewater; regularly provide education about fundamental hygiene practices such as hand-washing to prevent the spread of infection
Together with the pharmaceutical industry, explore (1) incentives to stimulate research and fast-track development of novel antimicrobials and (2) new economic models that reconcile public health interests with industry profitability
<i>For the human and veterinary healthcare communities:</i>
Establish standardized, universal methods and metrics for surveillance of antimicrobial use and resistance development, respectively
In medical and veterinary school curricula, require universal and detailed instruction in microbial resistance development and the prudent use of antimicrobials; for physicians and veterinarians in training, require on-the-job refresher courses
<i>For the general public:</i>
Include patients and other antimicrobial consumers in the development and implementation

ARPEC: Hospital based Neonatal and Paediatric Antimicrobial Point Prevalence Survey



190 centres participating in WP5

- European Region: 146(77%)
- American Region: 11(6%)
- African Region: 6(3%)
- Eastern Mediterranean Region: 16(8%)
- Western Pacific Region: 5(3%)





Key prescription patterns paediatric patients



	India N(%)	Europe N(%)
All patients under antibiotic treatment		
IV Therapy	126(95%)	2232(71%)
Multiple antibiotics	76(57%)	1056(34%)
All surgical patients		
Receiving surgical prophylaxis	23(40%)	230(39%)
Surgical prophylaxis >1d	21(91%)	175(76%)
All PICU patients		
Receiving surgical prophylaxis	14(44%)	55(16%)
Surgical prophylaxis >1d	11(79%)	36(65%)
Multiple antibiotics	19(59%)	173(50%)

The Compendium of Strategies to Prevent Healthcare-Associated Infections in Acute Care Hospitals



Department of Health and Human Services

Centers for Disease Control and Prevention

[Infection Control Home](#) > [Healthcare-Associated Infections](#) >

SHEA/IDSA HAI Prevention Compendium

The Society for Healthcare Epidemiology of America (SHEA) and the Infectious Diseases Society of America (IDSA) sponsored and authored a compendium of practice recommendations to prevent healthcare-associated infections in acute care hospitals in partnership with the Association for Professionals in Infection Control and Epidemiology (APIC), the Joint Commission, and the American Hospital Association (AHA). The compendium is available for download in the October 2008 Supplement of *Infection Control & Hospital Epidemiology* (Volume 29, Number S1).

As the CDC continues to produce official guidelines in collaboration with professional societies and academic partners, implementation tools such as this compendium will serve as a means to ensure that the best practices for infection prevention are successfully brought to the bedside.

SHEA/IDSA HAI Prevention Compendium

- > [October 2008 Supplement of Infection Control & Hospital Epidemiology *](#)
(Please note: this link will open in a new browser window.) (Volume 29, Number S1)
[Supplement Article: Editorial Primum Non Nocere *](#) (Please note: this link will open in a new browser window.)

The following patient guides were developed by the SHEA Patient Safety and Quality Improvement Committee in collaboration with CDC:



FAQ's about Catheter-Associated Bloodstream Infections
A bloodstream infection can occur when bacteria or other germs travel down a "central line" and enter the blood.

8.5" x 11" poster
- [View larger image](#)

SCIP Project: SSI

INVITED ARTICLE

HEALTHCARE EPIDEMIOLOGY

Robert A. Weinstein, Section Editor

The Surgical Infection Prevention and Surgical Care Improvement Projects: National Initiatives to Improve Outcomes for Patients Having Surgery

Dale W. Bratzler¹ and David R. Hunt²

¹Oklahoma Foundation for Medical Quality, Oklahoma City, and ²Centers for Medicare & Medicaid Services, Baltimore, Maryland

Among the most common complications that occur after surgery are surgical site infections and postoperative sepsis, cardiovascular complications, respiratory complications (including postoperative pneumonia), and thromboembolic complications. Patients who experience postoperative complications have dramatically increased hospital length of stay, hospital costs, and mortality rates. The Centers for Medicare & Medicaid Services, in collaboration with the Centers for Disease Control and Prevention, has implemented the Surgical Infection Prevention Project to decrease the morbidity and mortality associated with postoperative surgical site infections. More recently, the Surgical Care Improvement Project, a national quality partnership of organizations committed to improving the safety of surgical care, has been announced. This review will provide an update from the Surgical Infection Prevention Project and provide an introduction to the Surgical Care Improvement Project.

There are >30 million major operations performed in hospitals each year in the United States [1]. Despite advances in surgical and anesthesia technique and improvements in perioperative care, variations in outcomes for patients having surgery are well known [2–9]. The incidence of postoperative sepsis, a major cause of morbidity and mortality, is 2.5–3.5% for patients [2, 3] to >30% for patients undergoing high-risk surgery [4, 5]. Among the most common complications after surgery are surgical site infections (SSIs) and postoperative sepsis, cardiovascular complications, respiratory complications (including postoperative pneumonia and failure to wean), and thromboembolic complications [2–5, 8, 9].

Postoperative sepsis, a postoperative complication, is the most common cause of hospital length of stay, hospital costs, and mortality. On average, the length of stay for patients who have a postoperative complication is 3–11 day longer than the length of stay for patients who do not experience a postoperative

[2–4, 6–8, 10]. In a recent study of attributable hospital costs associated with surgical complications, Dimick et al. [2] demonstrated that the increased cost was \$1398 per patient for infectious complications, \$7789 per patient for cardiovascular complications, \$23466 per patient for respiratory complications, and \$18106 per patient for thromboembolic complications. Much of the excess length of stay, charges, and mortality due to patient safety events in the hospital can be attributed to postoperative complications [6]. In a recent analysis of the impact of the Surgical Infection Prevention (SIP) and Surgical Quality Improvement Project (SQIP), Hunt et al. [9] demonstrated that, independent of preoperative patient risk, the occurrence of a complication 30 days in duration reduced mortality by 20%.

The Centers for Medicare & Medicaid Services (CMS) has implemented a number of initiatives designed to improve the quality of inpatient care for people with Medicare [11]. This review will provide an overview of national efforts to improve the care of patients having surgery, including an update from the Surgical Infection Prevention (SIP) Project and an overview of the Surgical Care Improvement Project (SCIP).

THE SIP PROJECT

Background. In 2002, the CMS, in collaboration with the Centers for Disease Control and Prevention, implemented the National SIP Project [12]. The goal of the project is to decrease

CMS, VA, ACS, ASA, AHRQ and IHI started the project to reduce preventable morbidity and mortality by 25% by 2010.. It focussed on antibiotic prophylaxis, wound care and hand hygiene

Received 23 January 2006; accepted 17 April 2006; electronically published 16 June 2006.
The content of this publication does not necessarily reflect the views or policies of the Department of Health and Human Services, nor does mention of trade names, commercial products, or organizations imply endorsement by the US Government. The authors assume full responsibility for the accuracy and completeness of the ideas presented.
Reprints or correspondence: Dr. Dale W. Bratzler, Oklahoma Foundation for Medical Quality, 14000 Gulf Springs Pkwy., Ste. 400, Oklahoma City, OK 73134 (dbratzler@okfmq.org).
Clinical Infectious Diseases 2006;43:322–30
© 2006 by the Infectious Diseases Society of America. All rights reserved.
1098-4208/2006/4303-0012\$15.00

SENIC, SCQIP and Strategies



Policy Brief #29
August 2012

Evidence-Based Surgical Care Quality Improvement Programs and Strategies for Critical Access Hospitals

Jill Klingner RN, PhD; Michelle Casey, MS; Shailendra Prasad MBBS, MPH;
Walter Gregg MA, MPH; Ira Moscovice PhD
University of Minnesota Rural Health Research Center

This brief is one in a series of policy briefs identifying and assessing evidence-based patient safety and quality improvement interventions appropriate for use by state Flex Programs and Critical Access Hospitals (CAHs).

Introduction

This report focuses on evidence-based surgical care QI programs and strategies that are applicable to inpatient and outpatient surgeries in CAHs. The Flex Monitoring Team prepared this report as part of a larger project, whose purpose is: 1) to identify successful evidence-based QI programs and strategies that could be replicated in CAHs and 2) to disseminate information about these programs and strategies to State Flex Programs.

Background

QI programs can encompass a wide range of strategies, and many QI interventions include multiple strategies, which has made it difficult to evaluate their effectiveness. There is a growing awareness that QI strategies need to rest on a strong evidence base, and that greater attention needs to be paid to understanding why particular interventions work and the factors that affect their success in different settings.¹⁻³

Quality Improvement and the Flex Program

Improving the quality of care provided by CAHs is an important goal of the Medicare Rural Hospital Flexibility (Flex) Program. Throughout the Flex Program, CAHs have implemented a range of QI activities with support from State Flex Programs, as documented by previous Flex Monitoring Team CAH surveys and case studies.^{4,6} Support for QI in CAHs is a core activity area of focus in the current State Flex Program Grant Guidance. The Federal Office of Rural Health Policy, through the Flex Program, has implemented a new special project, the Medicare Beneficiary Quality Improvement Project (MBQIP). MBQIP is focused on Medicare beneficiary health status improvement, which makes it especially important to identify successful QI programs that can be replicated in CAHs. MBQIP is being

Key Findings

- The peer-reviewed literature on surgical care quality improvement (QI) primarily addresses programs and strategies that were implemented as part of the national Surgical Care Improvement Project (SCIP) and reporting of surgical care quality measures to the Centers for Medicare and Medicaid Services (CMS).
- These QI programs and strategies focus on improving three aspects of surgical care: 1) prevention of surgical infections; 2) prevention of venous thromboembolism; and 3) prevention of adverse cardiac events.
- Although few peer-reviewed articles specifically address implementation of surgical care QI programs and strategies in Critical Access Hospitals (CAHs), several programs and strategies have been found to be effective and could be replicated in CAHs.

This study was conducted by the Flex Monitoring Team with funding from the Federal Office of Rural Health Policy (PHS Grant No. U27RH01080).

Keystone Project: CLABSI

BMJ

RESEARCH

Sustaining reductions in catheter related bloodstream infections in Michigan intensive care units: observational study

Peter J Pronovost, professor,¹ Christine A Goeschel, director, patient safety and quality initiatives,¹ Elizabeth Colantuoni, assistant professor,¹ Sam Watson, senior vice president, patient safety and quality,² Lisa H Lubomski, assistant professor,¹ Sean M Berenholtz, associate professor,¹ David A Thompson, assistant professor,¹ David J Sinopoli, instructor,³ Sara Cosgrove, assistant professor,⁴ J Bryan Sexton, associate professor,¹ Jill A Marsteller, assistant professor,⁵ Robert C Hyzy, associate professor,⁶ Robert Welsh, chief,⁷ Patricia Posa, special project coordinator,⁸ Kathy Schumacher, director, quality, safety, standards and outcomes,⁹ Dale Needham, assistant professor¹⁰

¹Quality and Safety Research Group, Department of Anesthesiology and Critical Care Medicine, Johns Hopkins University, 7909 Thomas Street, Baltimore, MD 21281, USA

²Michigan Health and Hospital Association Keystone Center, 6215 West St, Joseph, Lansing, MI 48917, USA

³Carey Business School, Johns Hopkins University, 30 North Charles Street, Baltimore, MD 21201-3707

⁴Division of Infectious Diseases, 615 N Wolfe Street, Oster 425, Baltimore, MD 21287

⁵Department of Health Policy and Management, 624 N Broadway, Hampton House 433, Baltimore, MD 21205

⁶Department of Internal Medicine, Division of Pulmonary and Critical Care Medicine, University of Michigan, 3916 Taubman Center, Ann Arbor, MI 48109, USA

⁷Thoracic Surgery, William Beaumont Hospital, 3601 W 13 Mile Road, Royal Oak, MI, USA
⁸Joseph Mercy Health System, 5301 East Huron River Drive, P O Box 995, Ann Arbor, MI, 48106-0995

⁹William Beaumont Hospital
¹⁰Division of Pulmonary and Critical Care Medicine, 615 N Wolfe Street, Baltimore

Correspondence to: P J Pronovost
ppronov@jhmi.edu

doi:10.1136/bmj.340.d909

ABSTRACT

Objectives To evaluate the extent to which intensive care units participating in the initial Keystone ICU project sustained reductions in rates of catheter related bloodstream infections.

Design Collaborative cohort study to implement and evaluate interventions to improve patients' safety.

Setting Intensive care units predominantly in Michigan, USA.

Intervention Conceptual model aimed at improving clinicians' use of five evidence based recommendations to reduce rates of catheter related bloodstream infections, with measurement and feedback of infection rates. During the sustainability period, intensive care unit teams were instructed to integrate this intervention into staff orientation, collect monthly data from hospital infection control staff, and report infection rates to appropriate stakeholders.

Main outcome measures Quarterly rate of catheter related bloodstream infections per 1000 catheter days during the sustainability period (19-36 months after implementation of the intervention).

Results Ninety (87%) of the original 103 intensive care units participated, reporting 1532 intensive care unit months of data and 300 310 catheter days during the sustainability period. The mean and median rates of catheter related bloodstream infection decreased from 7.7 and 2.7 (interquartile range 0.6-4.8) at baseline to 1.7 and 0 (0-2.4) at 16-18 months and to 1.1 and 0 (0.0-1.2) at 34-36 months post-implementation. Multilevel regression analysis showed that incidence rate ratios decreased from 0.68 (95% confidence interval 0.53 to 0.88) at 0-3 months to 0.38 (0.26 to 0.56) at 16-18 months and 0.34 (0.24-0.48) at 34-36 months post-implementation. During the sustainability period, the mean bloodstream infection rate did not significantly change from the initial 18 month post-implementation period (-1%, 95% confidence interval -9% to 7%).

Conclusions The reduced rates of catheter related bloodstream infection achieved in the initial 18 month post-implementation period were sustained for an additional 18 months as participating intensive care units integrated the intervention into practice. Broad use of this intervention with achievement of similar results could substantially reduce the morbidity and costs associated with catheter related bloodstream infections.

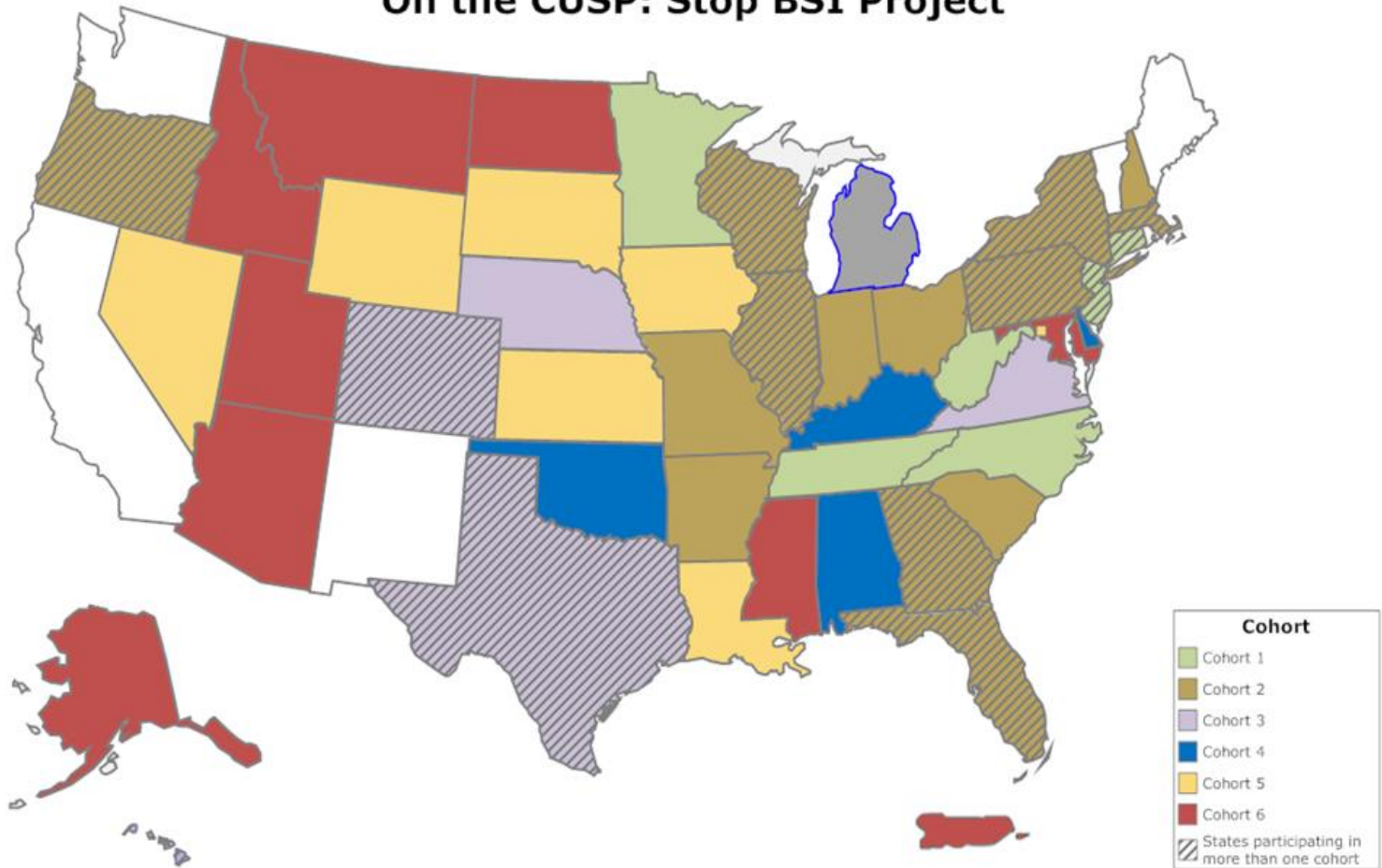
INTRODUCTION

Catheter related bloodstream infections cause considerable morbidity, mortality, and healthcare costs.¹⁻³ An estimated 82 000 catheter related bloodstream infections and up to 28 000 attributable deaths occur in intensive care units annually,² and each infection costs about \$45 000 (£28 000; €31 000).⁴ In an ongoing quality improvement project, known as the Michigan Health & Hospital Association (MHA) Keystone ICU project, these infections were substantially reduced in 103 participating intensive care units.⁵ The median infection rate per 1000 catheter days dropped from 2.7 at baseline to 0 within three months after implementation of an evidence based intervention. Eighteen months after implementation, infection rates had decreased by 66% from baseline. However, whether these initial results were sustained was not known.

Limited evidence assessing the sustainability of quality improvement projects beyond the initial implementation and evaluation period is available.^{6,7} To evaluate sustainability, a quality improvement project must have an adequate infrastructure to sustain activities beyond its initial phase. After the 18 month post-implementation evaluation period, most hospitals participating in the Keystone ICU project continued to submit data on infection rates. The objective of this study was to evaluate the extent to which intensive care units participating in the initial Keystone ICU project sustained reductions in rates of catheter related bloodstream

CUSP Project

State Participation in the On the CUSP: Stop BSI Project



National Study: CAUTI

MAJOR ARTICLE

Preventing Hospital-Acquired Urinary Tract Infection in the United States: A National Study

Sanjay Saint,^{1,2,3} Christine P. Kowalski,¹ Samuel R. Kaufman,^{2,3} Timothy P. Hofer,^{1,2,3} Carol A. Kauffman,^{1,2} Russell N. Olmsted,⁴ Jane Forman,¹ Jane Banaszak-Holl,⁴ Laura Damschroder,^{1,2} and Sarah L. Krein^{1,2}

¹Veterans Ann Arbor Healthcare System, ²Department of Internal Medicine, University of Michigan Medical School, ³Veterans Affairs/University of Michigan Patient Safety Enhancement Program, ⁴University of Michigan School of Public Health, and ⁵Saint Joseph Mercy Health Care System, Ann Arbor, Michigan

(See the editorial commentary by Nicolle on pages 251–3)

Background. Although urinary tract infection (UTI) is the most common hospital-acquired infection in the United States, to our knowledge, no national data exist describing what hospitals in the United States are doing to prevent this patient safety problem. We conducted a national study to examine the current practices used by hospitals to prevent hospital-acquired UTI.

Methods. We mailed written surveys to infection control coordinators at a national random sample of non-federal US hospitals with an intensive care unit and ≥ 50 hospital beds ($n = 600$) and to all Veterans Affairs (VA) hospitals ($n = 119$). The survey asked about practices to prevent hospital-acquired UTI and other device-associated infections.

Results. The response rate was 72%. Overall, 56% of hospitals did not have a system for monitoring which patients had urinary catheters placed, and 74% did not monitor catheter duration. Thirty percent of hospitals reported regularly using antimicrobial urinary catheters and portable bladder scanners; 14% used condom catheters, and 9% used catheter reminders. VA hospitals were more likely than non-VA hospitals to use bladder scanners (49% vs. 29%; $P < .001$), condom catheters (46% vs. 12%; $P < .001$), and catheter reminders (9% vs. 1%; $P < .001$); non-VA hospitals were more likely to use antimicrobial urinary catheters (30% vs. 14%; $P < .002$).

Conclusions. Despite the strong link between urinary catheters and subsequent UTI, practices to prevent hospital-acquired UTI are inconsistent. The most commonly used practice, using ultrasound and antimicrobial catheters—were each used in fewer than one-third of hospitals. Catheter reminders, which have proven benefits, were used in <10% of US hospitals.

Hospital-acquired infections are a common, costly, and potentially lethal patient safety problem [1, 2]. The most common hospital-acquired infection is urinary tract infection (UTI), which accounts for almost 40% of all nosocomial infections [3–5]. Most hospital-acquired UTIs are associated with urinary catheters, a commonly used device among hospitalized patients. Up to 25% of hospitalized patients have a urinary catheter

placed during their hospital stay, which can cause considerable morbidity and mortality among hospitalized patients [7–9]. The economic burden of UTI, with nosocomial UTI accounting for 10% of total costs, is substantial [9–11].

Several practices to prevent hospital-acquired UTI have been studied, including limiting indwelling catheter use, using catheter reminders when no longer needed, using condom-style catheters, using portable ultrasound to monitor residual urine amount, using antimicrobial catheters, and using catheter alternatives, such as suprapubic catheters [13]. Practice variations are likely because of lack of evidence

Received 2 July 2007; accepted 4 September 2007; electronically published 4 October 2007.

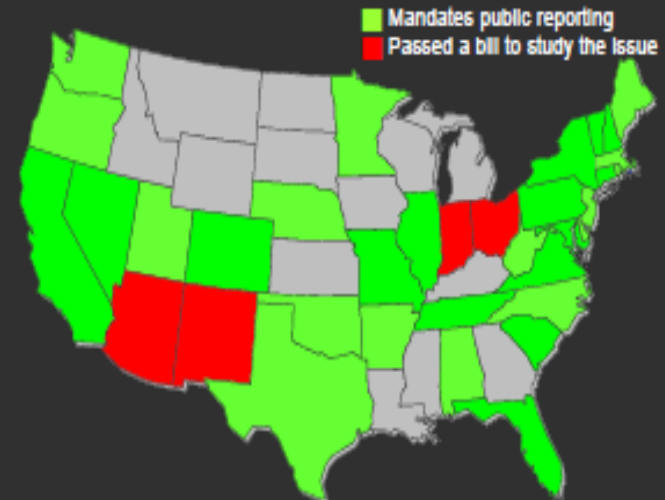
The views expressed in this article are those of the authors and do not necessarily reflect the position or policy of the Department of Veterans Affairs.

Reprints or correspondence: Dr. Sanjay Saint, Rm. 7E0B, 300 NIB-Box 0429, Ann Arbor, MI 48109-0429 (sain@med.umich.edu).

Clinical Infectious Diseases 2008;46:243–50

© 2007 by the Infectious Diseases Society of America. All rights reserved.
1098-4288/2008/4602-0013\$15.00
DOI: 10.1093/cid/cin346

Mandatory Reporting for HAIs



Nosocomial UTI

Sa

Source: APIC, July 2011

“The Chennai Declaration” Recommendations of “A roadmap- to tackle the challenge of antimicrobial resistance” - A joint meeting of medical societies of India

Ghafur A, Mathai D¹, Muruganathan A², Jayalal JA³, Kant R⁴, Chaudhary D⁵,
Prabhash K⁶, Abraham OC⁷, Gopalakrishnan R⁸, Ramasubramanian V⁹, Shah SN¹⁰,
Pardeshi R¹¹, Huilgol A¹², Kapil A¹³, Gill JPS¹⁴, Singh S¹⁵, Rissam HS¹⁶, Todi S¹⁷,
Hegde BM¹⁸, Parikh P¹⁹

Coordinator, Road map meeting and Antibiotic Stewardship Committee Chairperson, Clinical infectious Diseases Society, ¹President CIDS, ²President Elect API, ³Indian Medical Association, ⁴President, Association of Surgeons of India, ⁵Indian Society of Critical Care Medicine, ⁶DM Indian Society of Medical and Paediatric Oncology, ⁷Secretary CIDS, ⁸Organising Secretary CIDSCSON, ⁹Organising Chairman, CIDSCON, ¹⁰Editor, JAMA, ¹¹Federation of Obstetric and Gynaecological Societies of India, ¹²President, Indian Society of Organ Transplantation, ¹³Indian Association of Medical Microbiologists, ¹⁴Director, School of Public Health and Zoonoses, GADVASU, ¹⁵Chairman, Research Committee, NABH, ¹⁶Member. Board of Governors. Medical Council of India. ¹⁷Panel member of Ministry of Health & Family Welfare, Government of India. ¹⁸Member, Board of Governors. Medical Council of India. ¹⁹Member, Board of Governors. Medical Council of India.

Indian Journal of Cancer | October–December 2012 | Volume 48 | Issue 4
Educati

A Road Map- To Tackle Antimicrobial Resistance

August 24th 2012, Chennai

As a preconference session of CIDSCON 2012

A joint effort by Indian Medical Societies

- **Representatives of**

- Clinical Infectious Diseases Society
- Association of Physicians of India
- Oncology Society
- Critical care Society
- Indian Medical Association
- Hospital infection Society
- Microbiology society
- Surgical society
- Gynaecology Society
- **World health Organization**
- **NABH**
- **Indian Council of medical research**
- **DCGI**
- **Govt.representatives**

Overseas Representatives from various continents

- Herman Goossens
- Dilip Nathwani
- Stephan Harbarth
- Arjun Sreenivas
- David Paterson
- Paul Thambyah

Neonatal Collaborative – India Cincinnati Children’s Collaborative model



AIIMS, Delhi
PGI Chandigarh
Amrita Institute, Kochi
Ganga Ram, Delhi
Presidency College, WB
Fernandez, Hyderabad
NICE, Hyderabad
HCG, Bangalore
KIMS, TVM

Global Patient Safety Agenda

S3 INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY OCTOBER 2008, VOL. 29, SUPPLEMENT 1

SUPPLEMENT ARTICLE: INTRODUCTION

Improving Patient Safety Through Infection Control: A New Healthcare Imperative

Deborah S. Yokoe, MD, MPH; David Classen, MD, MS

Many healthcare organizations, professional associations, government and accrediting agencies, legislators, regulators, payers, and consumer advocacy groups have advanced the prevention of healthcare-associated infections as a national imperative, stimulating the creation of "A Compendium of Strategies to Prevent Healthcare-Associated Infections in Acute Care Hospitals" in this supplement. In this introduction, we provide background and context and discuss the major issues that shaped the recommendations included in the compendium.

Infect Control Hosp Epidemiol 2008; 29:S3-S11

INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY OCTOBER 2008, VOL. 29, SUPPLEMENT 1

TABLE 1. National Healthcare-Associated Infection (HAI) Surveillance Initiatives

Year	Event	Comment
1970	The CDC establishes the NNIS [4]	Hospitals voluntarily contribute surveillance data for internal monitoring and benchmarking
1975	Hospital-based infection control programs established	By 1974, more than half of US hospitals had organized surveillance programs with infection control nurses [5]
1976	JCAHO established [6]	Detailed surveillance system requirements are incorporated into JCAHO standards for accreditation
1985	The CDC publishes the results of the SENIC Project [7]	Results suggest that the combination of ongoing surveillance, active control efforts, and qualified staff could prevent up to one-third of HAIs
2003	Illinois is the first state to enact mandatory reporting of HAIs [8]	Hospitals are required to report process and outcome measures for central line-associated bloodstream infections, surgical site infections, and ventilator-associated pneumonia
2005	NNIS restructured into the NHSN [9]	National open enrollment for hospitals and outpatient dialysis centers in 2007
2005	Deficit Reduction Act of 2005 passed [10]	The CMS requires hospitals to submit data on 10 quality measures, including antimicrobial prophylaxis process measures

NOTE. CDC, Centers for Disease Control and Prevention; CMS, Centers for Medicare and Medicaid Services; JCAHO, Joint Commission for Accreditation of Healthcare Organizations; NHSN, National Healthcare Safety Network; NNIS, National Nosocomial Infections Surveillance; SENIC, Study on the Efficacy of Nosocomial Infection Control.

Improving outcomes and reducing costs by modular training in infection control in a resource-limited setting

SANJEEV SINGH¹, RAMAN KRISHNA KUMAR¹, KARIMASSERY R. SUNDARAM¹, BARUN KANJILAL² AND PREM NAIR¹

¹Amrita Institute of Medical Sciences, Ponekkara Post, Kochi, Kerala 682041, India, and ²Indian Institute of Health Management and Research, Jaipur, Rajasthan, India

Address reprint requests to: Sanjeev Singh, Tel: +91-484-2851835; Fax: +91-484-280202; E-mail: sanjeevsingh@aims.amrita.edu

Accepted for publication 12 September 2012

Abstract

Objectives. To study the impact of modular training and implementation of infection control practices on all health-care-associated infections (HAIs) in a cardiac surgery (CVTS) program of a tertiary care hospital.

Design. Baseline data were compared with post-intervention (with modular training) data.

Settings. This study was conducted in a cardiovascular surgical unit.

Participants. In total, 2838 patients were admitted in cardiovascular surgical service.

Interventions. Two training modules and online continuous education were delivered to all health-care workers in CVTS unit.

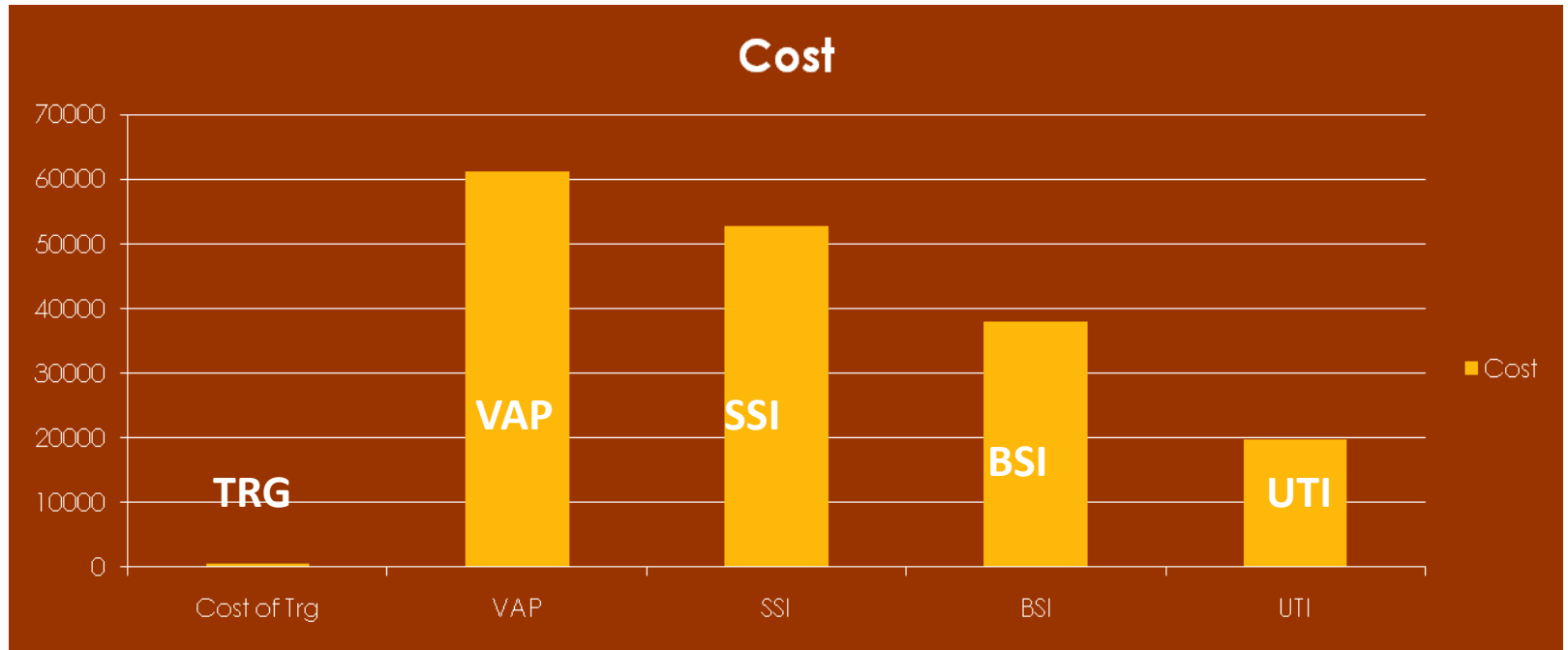
Main Outcome Measures. All four HAIs, such as surgical site infections (SSI), central line-associated blood stream infection (CLABSI), ventilator-associated pneumonia (VAP) and catheter-associated urinary tract infections (CA-UTI), were studied. Additional outcome measures included average length of stay cost of avoidance mortality and readmission rates.

Results. The SSI rate had decreased in the post-intervention phase from 46 to 3.27% per 100 surgeries ($P < 0.0001$), CLABSI had decreased from 44 to 3.10% per 1000 catheter days ($P < 0.009$), VAP was reduced from 65 to 4.8% per 1000 ventilator days ($P < 0.0001$) and CA-UTI had reduced from 37 to 3.48% per 1000 urinary catheter days ($P < 1.0$). For every \$1 spent on training, the return on investment was \$236 as cost of avoidance of healthcare associated infections (HAIs).

Conclusions. Standardization of infection control training and practices is the most cost-effective way to reduce HAIs and related adverse outcomes.

Keywords: health-care-associated infections, surveillance, training and hospital cost

Cost Effectiveness of IC Prog



Cost Comparison: Infection Expenditure	
Event	Rs
Cost of Training	669
SSI	52808
BSI	37942
UTI	19686
VAP	61140

Cost of HAI for each patient (\$)

	SSI	CLAB SI	VAP	CA-UTI	Total
Direct Cost*	48577 (1056)	13659 (758)	14001 (1272)	4244 (353)	80481 (925)
Indirect Cost#	19568 (425)	7002 (389)	5093 (463)	4257 (354)	35920 (412)
Cost of excess LOS **	67320 (1463)	21384 (1188)	21780 (1980)	4896 (408)	115380 (1326)
Opportunity cost†					168252 (1933)
Grand Total =					400033 (4596)

**With 1 \$ of investment;
Return of Investment is 236 \$**

ASP: CAP in select States in USA

Impact of an Antimicrobial Stewardship Intervention on Shortening the Duration of Therapy for Community-Acquired Pneumonia

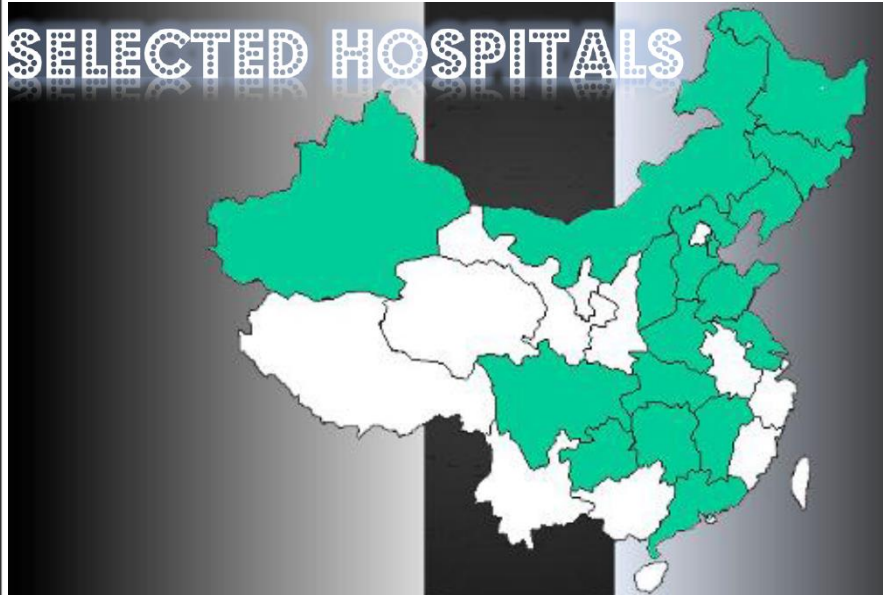
Edina Avdic,¹ Lisa A. Cushinotto,⁴ Andrew H. Hughes,² Amanda R. Hansen,⁵ Leigh E. Efird,¹ John G. Bartlett,^{2,3} and Sara E. Cosgrove^{2,3}

- Housestaff education including a survey regarding perceived best practice and sharing of baseline data
- Post-prescription prospective review of CAP cases

	Baseline	Intervention
Median duration of therapy	10 days	7 days
Excess antibiotic days	241	93
Median excess duration of therapy	4 days	1 day

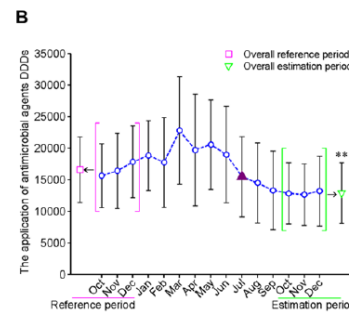
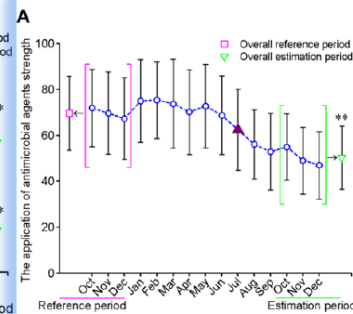
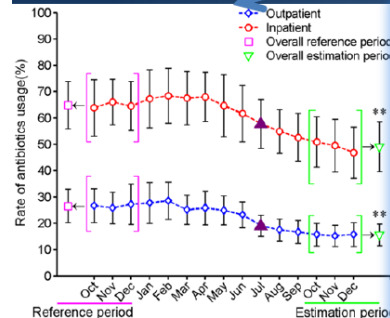
No difference in 30-day readmission rate or *C. diff* infections

China: Regulation on Antibiotic Use 2011

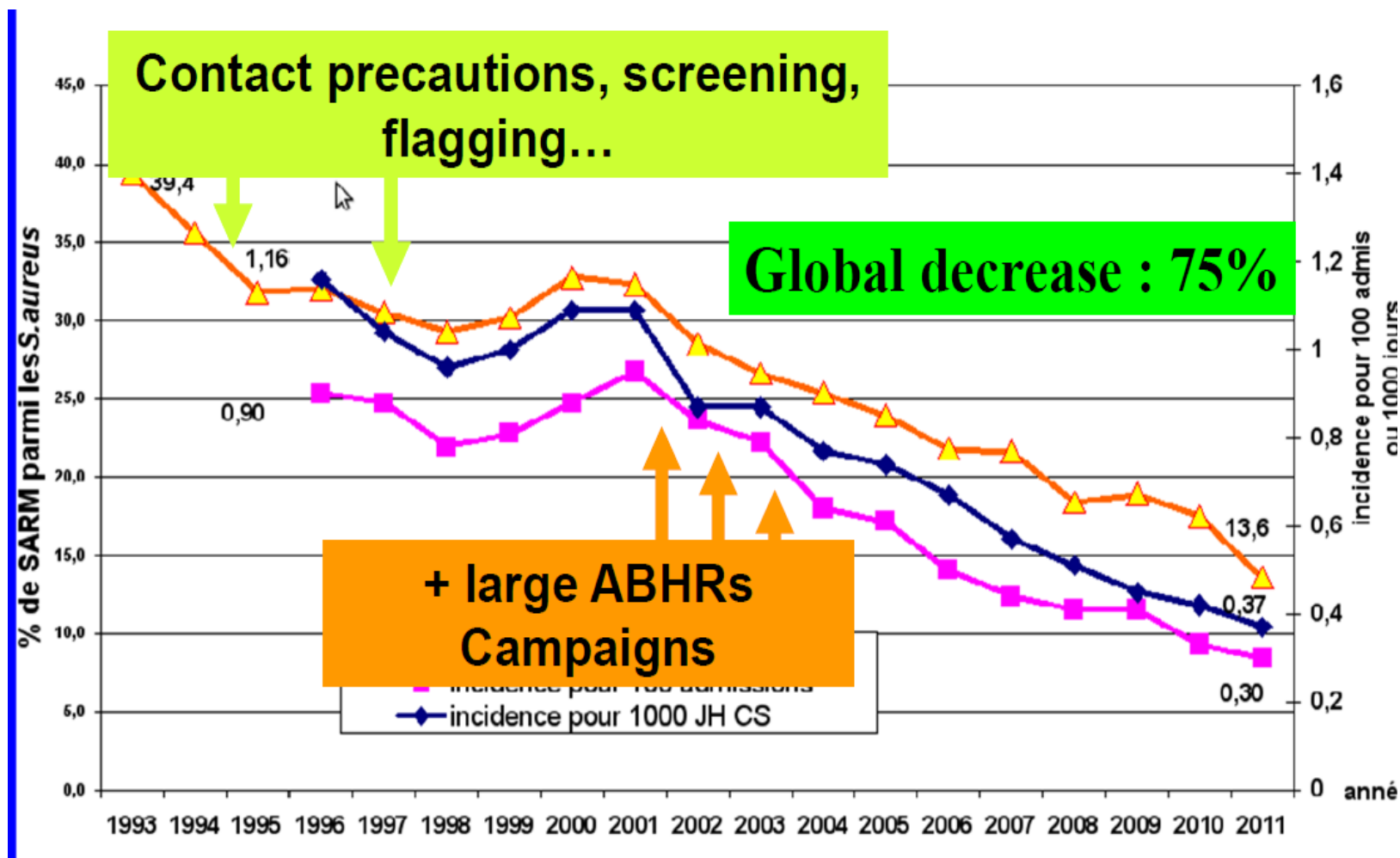


RESULTS

Antimicrobial use rate and intensity both decreased



% MRSA in S Aureus and MRSA incidence. Acute Care 38 univ in Paris (1993-2011)



Successful interventions in Adults

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Veterans Affairs Initiative to Prevent Methicillin-Resistant *Staphylococcus aureus* Infections

Rajiv Jain, M.D., Stephen M. Kralovic, M.D., M.P.H., Martin E. Evans, M.D.,

Aim: To reduce hospital-acquired infection rates with MRSA

Interventions:

1. Surveillance of nasal carriage with MRSA on admission, ward transfer and hospital discharge
2. Contact precautions for those colonized/infected with MRSA
3. Hand hygiene
4. Change in the institutional culture: “positive deviance”
 - To foster alterations in practice so that infection control and prevention become everyone’s responsibility

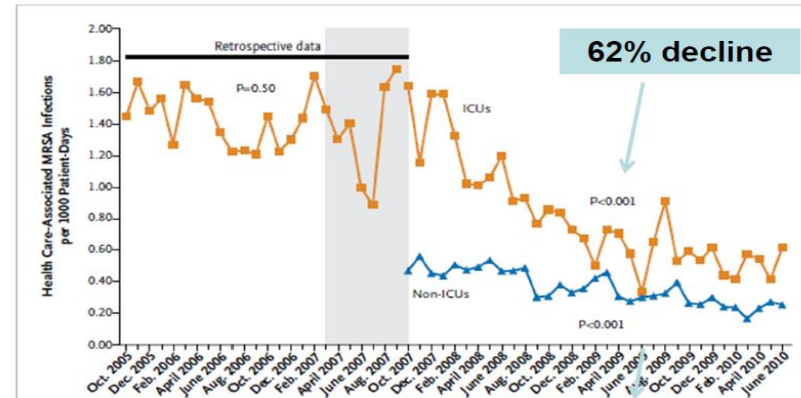


Figure 3. Nationwide Rates of Health Care–Associated Infections with Methicillin-Resistant *Staphylococcus aureus* (MRSA) in Veterans Affairs (VA) Facilities.

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

JUNE 13, 2013

VOL. 368 NO. 24

Targeted versus Universal Decolonization to Prevent ICU Infection

Susan S. Huang, M.D., M.P.H., Edward Septimus, M.D., Ken Kleinman, Sc.D., Julia Moody, M.S.,

Table 3. Frequency and Rates of Outcomes during the Baseline and Intervention Periods, According to Study Group.*

Outcome	Group 1		Group 2		Group 3	
	Baseline	Intervention	Baseline	Intervention	Baseline	Intervention
	<i>no. of events (crude rate per 1000 patient-days)</i>					
MRSA clinical cultures	216 (3.4)	279 (3.2)	245 (4.3)	301 (3.2)	240 (3.4)	217 (2.1)
Bloodstream infection						
MRSA	37 (0.6)	63 (0.7)	31 (0.5)	61 (0.6)	46 (0.6)	48 (0.5)
Any pathogen†	265 (4.2)	360 (4.1)	273 (4.8)	341 (3.7)	412 (6.1)	356 (3.6)
Gram-positive organism	165 (2.6)	228 (2.6)	159 (2.8)	203 (2.2)	253 (3.7)	187 (1.9)
Skin commensal organism	50 (0.8)	55 (0.6)	49 (0.9)	46 (0.5)	120 (1.8)	38 (0.4)
Noncommensal organism	115 (1.8)	173 (2.0)	110 (1.9)	157 (1.7)	133 (2.0)	149 (1.5)
Gram-negative organism	62 (1.0)	83 (0.9)	58 (1.0)	75 (0.8)	100 (1.5)	107 (1.1)
Candida species	38 (0.6)	49 (0.6)	56 (1.0)	63 (0.7)	59 (0.9)	62 (0.6)

This is the incidence of first episode of BSI. Formal analyses for first episode of MRSA and Gram-negatives are pending.

Table S3. Bloodstream Pathogens by Study Arm in Baseline and Intervention Periods per 1,000 Attributable ICU Days^a

Pathogen (Ordered by Frequency)	Bloodstream Infections per 1,000 Attributable ICU Days					
	Arm 1		Arm 2		Arm 3	
	Baseline	Intervention	Baseline	Intervention	Baseline	Intervention
Total Events (N)	265	360	273	341	412	356
<i>Staphylococcus aureus</i> (N)	77	128	70	106	80	92
Methicillin-Resistant (MRSA)	0.46	0.49	0.47	0.56	0.58	0.38
Methicillin-Susceptible (MSSA)	0.77	0.97	0.75	0.59	0.61	0.54
Total	1.23	1.46	1.23	1.15	1.19	0.92
Coagulase-Negative <i>Staphylococcus</i>^b (N)	48	54	43	42	116 ^c	36
Total	0.77	0.62	0.75	0.46	1.72	0.36

DRIVER DIAGRAM

AIM

Decrease Healthcare Associated Infection Rate By 30% in 12 Months in Neonatal Care Nursery of Each Participating Hospital

KEY DRIVERS

SURVEILLANCE MECHANISM
(increase awareness on magnitude of problem)

INFECTION CONTROL MEASURES
(improve compliance)

ANTIBIOTIC STEWARDSHIP
(Rational Antibiotic Use to decrease multi drug resistant microbes)

Outcome Measure (Operational definition mutually agreed upon)

Display unit infection rates to Frontline Healthcare Staff: Welsh Cross / Run charts.

Neonatal Unit Quality Team

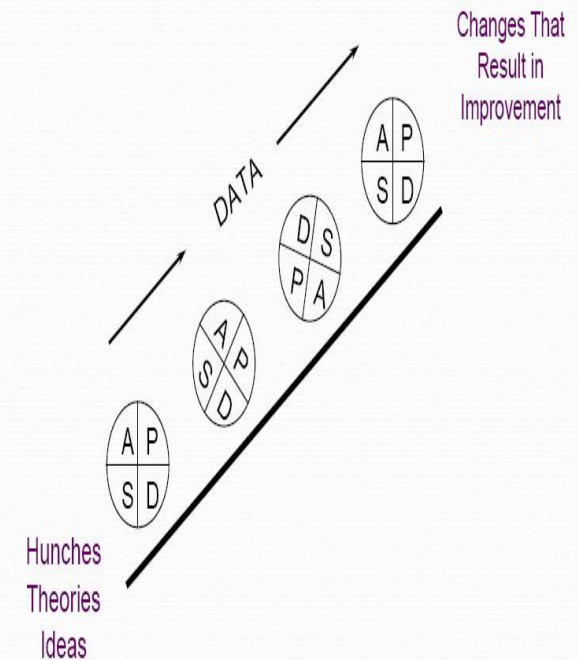
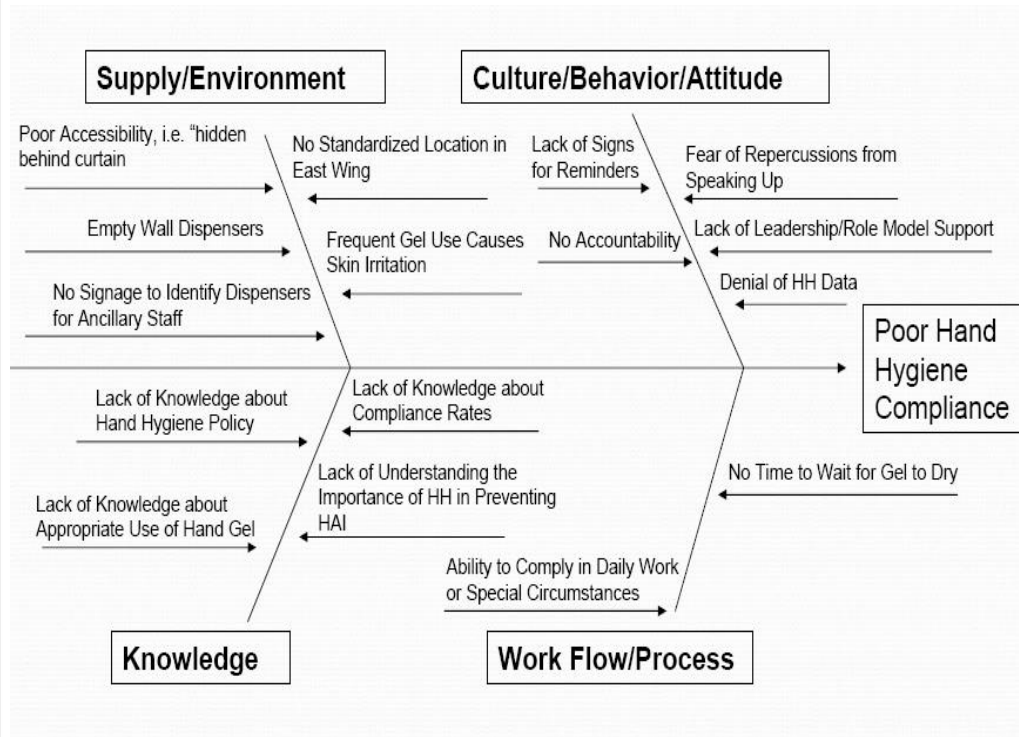
- 1 Hand Hygiene
- 2 Peripheral IV Insertion & Maintenance (Including IV Drug administration & Blood Sampling)
- 3 Feeding Practices
- 4 General Housekeeping: Disinfection of high touch surfaces, Sterilization & Isolation
- 5 Central line Insertion & Maintenance
- 6 Resuscitation
- 7 Intubation & Suctioning
- 8 Surfactant Administration

Antibiogram: Developed by individual units

Unit Antibiotic Policy based on Unit Antibiogram.

Audit of Antibiotic prescription to check compliance to unit policy

Outcome Measures & QI application



From The Improvement Guide by Langley, Nolan, Nolan, Norman, Provost

Quality Indicators @ IAQ; CSSD; Kitchen; Laundry; Labs; Blood Bank; ICUs; Water; Bone Marrow Tx; Pharmacy; Occupational Exposure; Vaccination; Outbreak Mgmt; BMW; Cost; Notifiable Disease

The Federal Needlestick Safety and Prevention Act – Law from Nov 2000



Dream Team



Summary

- To adopt time tested models which have the largest impact
- Compendiums
- Collaborate and Research
- Engage with all stake holders
- Customised
- Infecteconomics & Quality initiatives

Thank You



Its all in your hands !!!!

sanjeevksingh@aims.amrita.edu